17th Annual BARIATRIC SUMMIT

SEPTMBER 18 – 19, 2021
Washington Marriott at Metro Center • Washington, DC

HIGHLIGHTS . . .
✶ The Role of Endoscopy in Traditional Bariatric/Metabolic Surgery
✶ Update on the Use of Robots in Bariatric/Metabolic Surgery
✶ Gastric Bypass Reversal: Indications, and Technical Pearls
✶ Treating Binge and Loss of Control Eating Postoperatively

COURSE DIRECTOR
Scott A. Shikora, MD, FACS, FASMBS

ASSOCIATE DIRECTORS
Paul Davidson, PhD
Kellene A. Isom, MS, RD, LDN, CAGS
Julie Kim, MD, FACS, FASMBS
Kenneth MacDonald, Jr., MD, FACS

MANAGED AND PRODUCED BY

Register today at: bariatricsummit.com
Overview

Please make plans to join us for the 17th Annual Bariatric Summit. Over the past 16 years, the Summit has gathered general surgeons, bariatric physicians, dietitians, nutritionists, psychologists, plastic surgeons, and other health care professionals dedicated to the management of severe obesity. The tradition continues in 2021 as we gather in Washington, DC to explore leading-edge clinical and technical innovations related to the advanced management and treatment of severe obesity.

Healthcare professionals choose the Bariatric Summit for its informal and interactive program, designed to address the educational needs of the entire surgical team toward achieving and maintaining the rigorous standards associated with becoming a center of excellence.

Course Director, Scott A. Shikora, MD and his faculty have, once again, put together a thought-provoking agenda including important discussions on weight bias, endoscopic techniques in treating obese patients, improving the patient experience, nutritional considerations for bariatric patients, behavioral influences of obesity, and more.

Join us for Bariatric Summit 2021 as we discuss innovation, challenges, and breakthroughs in the future of bariatric surgery. Plan to stay a few extra days to take in the sights, including the unparalleled Smithsonian Institution, our great monuments and memorials, and a stroll along the National Mall.

We look forward to seeing you in Washington DC.

Activity Goal

This activity is designed to address the following core and team competencies: Patient Care, Medical Knowledge, Teams & Teamwork, Interprofessional Collaboration, and Interprofessional Communication.

Target Audience

General Surgeons, Bariatric Surgeons, Bariatric Physicians, Primary Care Physicians, Pediatricians, Plastic Surgeons, Legal Professionals, Nurses, Hospital Administrators, Nutritionists, Dietitians, Psychologists, Behavioral Health Professionals, and other Allied Health Professionals interested in the medical and surgical advancements and management of clinically severe obesity.

Physician Learning Objectives

After attending this activity, physicians should be able to:

- Describe criteria for identification of appropriate surgical candidates
- Describe the principles underlying a multidisciplinary approach to bariatric surgery
- Discuss perioperative and postoperative care of obese patients
- Explain diet and lifestyle changes after bariatric surgery
- Describe the essentials of a successful bariatric program
- Identify key risk management strategies
- Discuss advanced issues in the surgical treatment of clinically severe obesity
- Identify the components of metabolic syndrome and its relation to obesity
- Discuss treatment path for severe type II diabetes and the impact of surgical intervention

Nursing Learning Objectives

After attending this activity, nurses should be able to:

- Identify the various nursing roles in a bariatric program
- Identify key equipment and environmental needs of a bariatric program
- Identify the challenges of the physical assessment with regard to the bariatric patient
- Identify the nursing role as it relates to the multidisciplinary team
- Identify the key components of bariatric documentation
Scott A. Shikora
MD, FACS, FASMBS
Professor of Surgery
Harvard Medical School
Director
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Brigham and Women’s Hospital
Boston, MA

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Kenneth MacDonald, Jr.
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Faculty

Barham K. Abu Dayyeh, MD, MPH
Department of Internal Medicine
Division of Gastroenterology and Hepatology
Associate Professor of Medicine
Mayo Clinic
Rochester, MN

Laura Andromalos, MS, RD, CD, CDE
Educator Coach at Cecelia Health
Certified Diabetes Educator Coach, Fit4D
Minneapolis, MN

Dale S. Bond, PhD
Associate Professor of Psychiatry and Human Behavior
The Miriam Hospital and The Warren Alpert Medical School of Brown University
Weight Control and Diabetes Research Center
Providence, RI

Mark Gorman, PhD
Director of Behavioral Services
Center for Metabolic and Bariatric Surgery
South Shore Hospital
Brigham and Women’s Surgical Associates
Boston, MA

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Vice Chair of Medical Staff Affairs
Department of Surgery
Bariatric Surgeon
Prisma Health
La Crosse, WI

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Director of Market Development
ReShape Lifesciences Inc.
Spring, TX

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Bariatric Coordinator
Emory Hospital Midtown
Atlanta, GA

Robin Pasby, PhD
Psychologist
DC Health Psychology
Bethesda, MD

Ann Rogers, MD
General Surgery
Minimally Invasive Surgery and Bariatric Surgery
Penn State Health Surgical Specialties
Hershey, PA

Raul Rosenthal, MD, FACS, FASMBS
Professor of Surgery and Chairman
Department of General Surgery
Director, The Bariatric and Metabolic Institute
Cleveland Clinic - Florida
President, South Florida Chapter of the American College of Surgeons
Weston, FL

Karen Schulz, RN
Clinical Nurse Specialist
General Surgery
Cleveland Clinic Main Campus
Cleveland, OH

Erik B. Wilson, MD
Medical Director - Bariatric Surgery
Memorial Hermann - Texas Medical Center
Professor of Surgery
University of Texas Medical School
Houston, TX

Natan Zundel, MD
Medical Director
Jackson North Medical Center
Clinical Professor of Surgery
Florida International University
Herbert Wertheim College of Medicine
Miami, FL
AGENDA  Saturday, September 18

7:00 - 8:00 AM  REGISTRATION, BREAKFAST & EXHIBITS

8:00 – 9:30 AM  SESSION 1 – INTERACTIVE, MULTIDISCIPLINARY CASE PRESENTATION
Paul Davidson, PhD; Kellene A. Isom, MS, RD, LDN, CAGS

8:00 - 8:05 AM  Welcome  |  Scott A. Shikora, MD, FACS, FASMBS
8:05 - 8:25 AM  Special Lecture  |  Kellene A. Isom, MS, RD, LDN, CAGS
8:25 - 8:40 AM  The Mother of All Cases: The surgical perspective  |  Scott A. Shikora, MD, FACS, FASMBS
8:40 - 8:55 AM  The Mother of All Cases: The behavioral perspective  |  Paul Davidson, PhD
8:55 - 9:10 AM  The Mother of All Cases: The nutritional perspective  |  Melissa Majumdar, MS, RD, LDN, CSOWM, CPT
9:10 – 9:30 AM  Panel Discussion
Kellene A. Isom, MS, RD, LDN, CAGS; Melissa Majumdar, MS, RD, LDN, CSOWM, CPT; Paul Davidson, PhD; Scott A. Shikora, MD, FACS, FASMBS

9:30 - 10:00 AM  COFFEE BREAK & EXHIBITS

10:00 - 12:30 PM  SESSION 2 – BARIATRIC / METABOLIC SURGERY IS A TEAM SPORT
Ann Rogers, MD

10:00 - 10:30 AM  Behavioral Keys to Success from the Patient Perspective  |  Paul Davidson, PhD
10:30 - 10:50 AM  Is Nutrition Compliance Learned or Inherited?  |  Kellene A. Isom, MS, RD, LDN, CAGS
10:50 - 11:10 AM  Practical Suggestions for Engaging Patients in Physical Activity  |  Dale S. Bond, PhD
11:10 - 11:30 AM  The Role of Endoscopy in Traditional Bariatric / Metabolic Surgery  |  Kenneth MacDonald, Jr., MD, FACS
11:30 - 11:45 AM  Panel Discussion
Dale S. Bond, PhD; Paul Davidson, PhD; Kellene A. Isom, MS, RD, LDN, CAGS; Kenneth MacDonald, Jr, MD, FACS
11:45 - 12:30 PM  Walter Pories, MD Award Keynote Address
A Career on the Edge of Innovation  |  Natan Zundel, MD

12:30 - 2:00 PM  LUNCH & EXHIBITS

2:00 – 3:30 PM  SESSION 3 – BARIATRIC / METABOLIC SURGERY: Miscellaneous Pearls of Information
Ann Rogers, MD; Scott A. Shikora, MD, FACS, FASMBS

2:00 - 2:15 PM  Endoscopic Procedures for Primary Weight Loss  |  Barham K. Abu Dayyeh, MD, MPH
2:15 - 2:30 PM  Update on the Use of Robots in Bariatric / Metabolic Surgery  |  Erik B. Wilson, MD
2:30 - 2:45 PM  Novel Treatments for Post Gastric Bypass and Sleeve Severe GERD  |  Natan Zundel, MD
2:45 - 3:00 PM  Current Status of ERAS and Non-opioid Analgesia  |  Julie Kim, MD, FACS, FASMBS
3:00 - 3:15 PM  Slick Tricks for Minimizing Preoperative Patient Leakage  |  Karen Schulz, RN
3:15 - 3:30 PM  Panel Discussion
Barham K. Abu Dayyeh, MD, MPH; Julie Kim, MD, FACS, FASMBS; Karen Schulz, RN; Erik B. Wilson, MD; Natan Zundel, MD

3:30 - 4:00 PM  BREAK & EXHIBITS

4:00 - 6:00 PM  SESSION 4 – WEIGHT REGAIN AND REVISION
Julie Kim, MD, FACS, FASMBS; Karen Schulz, RN

4:00 - 4:20 PM  Behavioral Approaches to Weight Regain  |  Robin Pashby, PhD
4:20 - 4:40 PM  To Calorie or Not to Calorie? That is the Question.
Laura Andromalos MS, RD, CD, CDE; Kellene A. Isom, MS, RD, LDN, CAGS
4:40 - 5:00 PM  Revisional Surgery Options After the Sleeve: SADS vs gastric bypass
Shanu Kothari, MD, FACS, FASMBS
5:00 - 5:20 PM  Revisional Surgery Options After Gastric Bypass: Limb lengthening vs pouch/outlet reduction
Scott A. Shikora, MD, FACS, FASMBS
5:20 - 5:40 PM  Endoscopic Therapies for Weight Regain  |  Barham K. Abu Dayyeh, MD, MPH
5:40 - 5:55 PM  Panel Discussion
Barham K. Abu Dayyeh, MD, MPH; Laura Andromalos, MS, RD, CD, CDE; Kellene A. Isom, MS, RD, LDN, CAGS; Shanu Kothari, MD, FACS, FASMBS; Robin Pashby, PhD; Scott A. Shikora, MD, FACS, FASMBS

5:55 - 6:00 PM  Wrap Up & Adjourn
Scott A. Shikora, MD, FACS, FASMBS
AGENDA  Sunday, September 19

7:30 - 8:00 AM  REGISTRATION, BREAKFAST & EXHIBITS

8:00 – 9:15 AM  BREAKOUT SESSION – Impact of Bariatric / Metabolic Surgery
Kenneth MacDonald, Jr, MD, FACS; Natan Zundel, MD

8:00 - 8:15 AM  BMS and Cancer | Raul Rosenthal, MD, FACS, FASMBS
8:15 - 8:30 AM  BMS and Heart Disease | Ann Rogers, MD
8:30 - 8:45 AM  BMS and Joint Disease | Shanu Kothari, MD, FACS, FASMBS
8:45 - 9:00 AM  BMS and Transplantation | Erik B. Wilson, MD
9:00 - 9:15 AM  BMS and Kidney Disease | Karen Schulz, RN

8:00 - 9:15 AM  BREAKOUT SESSION – Nutrition
Kellene A. Isom, MS, RD, LDN, CAGS; Heather Mackie, MS, RD

8:00 - 8:20 AM  So My Surgeon Wants to Do SADI | Heather Mackie, MS, RD
8:20 - 8:40 AM  Managing T2DM Before and After Surgery | Laura Andromalos, MS, RD, CD, CDE
8:40 - 9:00 AM  Nutrition Stoichiometry: Do you carry the one?
Heather Mackie, MS, RD; Melissa Majumdar, MS, RD, LDN, CSOWM, CPT

9:00 - 9:15 AM  Q & A Panel: Laura Andromalos, MS, RD, CD, CDE; Kellene A. Isom, MS, RD, LDN, CAGS;
Heather Mackie, MS, RD; Melissa Majumdar, MS, RD, LDN, CSOWM, CPT

9:15 - 9:45 AM  Keynote Address: Integrated Health
Kellene A. Isom, MS, RD, LDN, CAGS

9:45 - 10:15 AM  COFFEE BREAK & EXHIBITS

10:15 - 11:15 AM  BREAKOUT SESSION – Video Session: Seeing is believing
Shanu Kothari, MD, FACS, FASMBS; Erik B. Wilson, MD

10:15 - 10:25 AM  Seeing is Believing: Video 1 – Combined Hiatal Hernia Repair, Partial Fundoplication, and
Endoscopic Sleeve Gastroplasty for Management of Symptomatic Hiatal Hernia in Patient with Morbid Obesity | Barham K. Abu-Dayyeh, MD, MPH
10:25 - 10:35 AM  Seeing is Believing: Video 2 – Robot Case | Erik B. Wilson, MD
10:35 - 10:45 AM  Seeing is Believing Video 3 – Complications of the Candy Cane Roux Syndrome
Shanu Kothari, MD, FACS, FASMBS
10:45 - 10:55 AM  Seeing is Believing Video 4 – Revision Gastric Bypass with Limb Distalization for Weight Regain
Scott A. Shikora, MD, FACS, FASMBS
10:55 - 11:05 AM  Seeing is Believing Video 5 – An Interesting Case of Intestinal Intussusception after a Gastric Bypass
Kenneth MacDonald, Jr., MD, FACS
11:05 - 11:15 AM  Seeing is Believing Video 6 – The Gastric Clip
Natan Zundel, MD

11:15 - 11:30 AM  COFFEE BREAK & EXHIBITS

10:15 - 11:15 PM  BREAKOUT SESSION – Behavioral
Paul Davidson, PhD

10:15 - 10:30 AM  Enhancing Lifestyle Change After Bariatric Surgery | Mark Gorman, PhD
10:30 - 10:45 AM  Psychological Issues Following Bariatric Surgery | Paul Davidson, PhD
10:45 - 11:00 AM  Treating Binge and Loss of Control Eating Postoperatively | Robin Pashby, PhD
11:00 - 11:15 AM  The Road Less Traveled: Ignored bariatric issues | Mark Gorman, PhD

11:15 - 11:30 AM  COFFEE BREAK & EXHIBITS
11:30 - 1:30 PM  BREAKOUT SESSION – Controversies in Bariatric / Metabolic Surgery  
Julie Kim, MD, FACS, FASMBS; Scott A. Shikora, MD, FACS, FASMBS

11:30 - 11:45 PM  Intestinal Intussusception, Resect, Pex, or Do Nothing  | Kenneth MacDonald, Jr, MD, FACS
11:45 - 12:00 PM  Is Severe GERD a Contraindication for a Sleeve?  | Raul Rosenthal, MD, FACS, FASMBS
12:00 - 12:15 PM  Gastric Bypass Reversal: Indications, and technical pearls  | Scott A. Shikora, MD, FACS, FASMBS
12:15 - 12:30 PM  What Should We Do About Asymptomatic Cholelithiasis  | Julie Kim, MD, FACS, FASMBS
12:30 - 12:45 PM  Single Anastomoses Procedures vs Rouxs: Are either superior?  | Barham K. Abu Dayyeh, MD, MPH
12:45 - 1:00 PM  Is Weight Gain Inevitable?  | Ann Rogers, MD
1:00 - 1:20 PM  Panel Discussion  
Barham K. Abu Dayyeh, MD, MPH; Julie Kim, MD, FACS, FASMBS; Kenneth MacDonald, Jr, MD, FACS; Ann Rogers, MD; Scott A. Shikora, MD, FACS, FASMBS

11:30 - 1:30 PM  BREAKOUT SESSION – What Everyone Needs to Know About Bariatric / Metabolic Surgery  
Barham K. Abu Dayyeh, MD, MPH; Erik B. Wilson, MD

11:30 - 11:45 AM  Malabsorptive Procedures Old and New  | Ann Rogers, MD
11:45 - 12:00 PM  The Differential Diagnosis for Postoperative Abdominal Pain  | Shanu Kothari, MD, FACS, FASMBS
12:00 - 12:15 PM  Gastric Bypass vs Sleeve Gastrectomy: Which one is better?  | Erik B. Wilson, MD
12:15 - 12:30 PM  Common Complications in Bariatric / Metabolic Surgery  | Kenneth MacDonald, Jr, MD, FACS
12:30 - 12:45 PM  Top Dietary Tips  | Laura Andromalos, MS, RD, CD, CDE
12:45 - 1:00 PM  Top Behavioral Tips  | Mark Gorman, PhD
1:00 - 1:15 PM  Panel Discussion  
Laura Andromalos, MS, RD, CD, CDE; Mark Gorman, PhD; Shanu Kothari, MD, FACS, FASMBS; Kenneth MacDonald, Jr, MD, FACS; Ann Rogers, MD; Erik B. Wilson, MD

1:20 - 1:30 PM  Wrap Up & Adjourn

REGISTRATION
To register online, visit bariatricsummit.com
To pay by check, download the Pay by Check form

REGISTRATION FEES

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<th>July 1 to Sept. 17, 2021</th>
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CANCELLATIONS
Cancellations must be received in writing at the Ciné-Med Inc. office before August 6, 2021. No refunds will be issued after this date. Upon cancellation, a $75 administration fee will be subtracted from the refunded registration fee.

127 Main Street North, Woodbury, CT 06798
(203) 263-0006
**HOTEL LODGING**

Washington Marriott at Metro Center, 775 12th St NW  
Washington, DC 20005

If reserving by phone, call 1-800-393-2510 and ask for reservation code “Bariatric Summit”

Special rate available until August 27, 2021

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**Accreditation**

In support of improving patient care, Cine-Med is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physicians**

Cine-Med designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Psychologists/Psychiatrists**

Carlat CME Institute is approved by the American Psychological Association (APA) to sponsor continuing medical education for psychologists. Carlat CME Institute maintains responsibility for this program and its content. The Carlat CME Institute designates this educational activity for a maximum of 12.5 CE Credits. Participants should claim credit commensurate only with the extent of their participation of the activity.

**Nurses**

This activity provides 12.5 contact hours for nurses.

**Dietitians**

Cine-Med is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 12.5 continuing professional education units (CPEUs) for completion of this program (CDR# 146599).

**Requirements for Successful Completion**

To receive CE credit, participants must sign-in, attend all or a portion of the activity (at least 80%), and complete and submit the activity evaluation provided in the syllabus materials. Partial credit may be awarded for the portion of the activity attended.

Other healthcare professionals participating in this activity will receive completion certificates verifying that the activity was designated for AMA PRA Category 1 Credit(s)™.

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