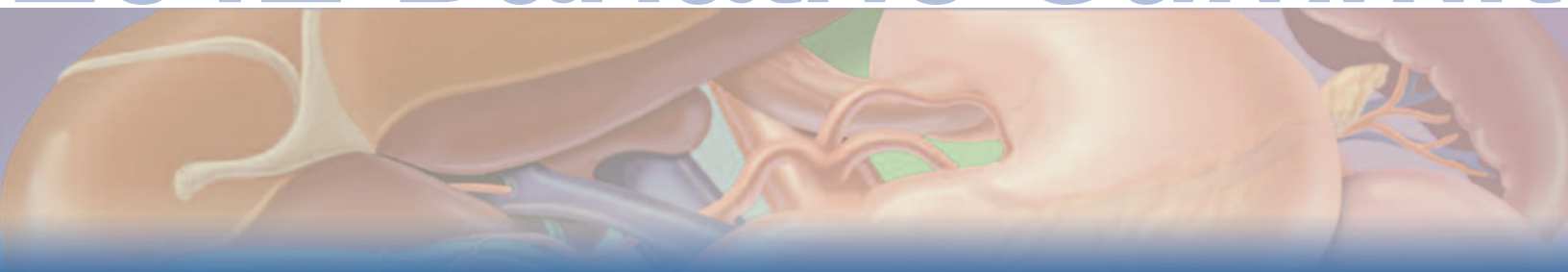


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2012 Bariatric Summit



Advanced Issues in Bariatric Surgery

9th Annual Bariatric Summit 2012

For the Comprehensive Management of Severe Obesity

September 22-24, 2012 • Charleston Place • Charleston, South Carolina



www.bariatricsummit.com

Dear Colleagues,

We are pleased to inform you that the 9th Annual Bariatric Summit will be held in one of the top 10 destinations in America; historical Charleston, South Carolina.

This informal and interactive activity has been developed to address the educational needs of the entire surgical team towards achieving and maintaining the rigorous standards associated with becoming a Center of Excellence.

For three days in an informal, intimate setting, General Surgeons, Bariatric Surgeons, Primary Care Physicians, Nurses, Dietitians, Managed Care and Allied Health Professionals will explore leading-edge clinical and technical innovations related to the advanced management and treatment of severe obesity.

This year's summit will showcase relevant and cutting edge talks from well-known thought leaders in Bariatric Surgery, focusing on a spectrum of the most relevant issues in bariatric surgery. We will review decision-making, operative strategies, advanced technical details, controversies, management of complications and many other topics including the essentials of a successful bariatric program.

We have chosen one of the finest cities in the world in which to have a relaxed interaction and exchange of ideas and practices with our expert faculty and your peers.

We look forward to seeing you at this year's summit.

Warmest Regards,



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Course Director
Director, Center for Metabolic
Health and Bariatric Surgery
Brigham and Women's Hospital
Boston, Massachusetts



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Associate Course Director
Director, Southern Surgical
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Faculty

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Registered Dietitian
Weight and Wellness Center
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Randal Baker, MD, FACS
Grand Health Partners
Grand Rapids, MI

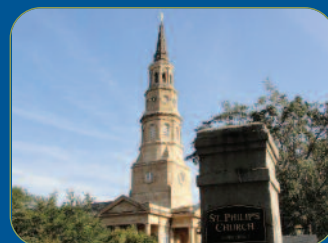
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Course Overview

Approximately 60 million adults in the U.S. are obese, and 9 million are severely obese. Morbid obesity has become a major public health risk. Every year, millions of people suffer co-morbidities of obesity, such as diabetes, hypertension, heart disease, sleep apnea, and many more, not to mention the psychological, social, and economical burdens of the disease. Weight loss surgery is the only proven treatment option to achieve long-term weight control, improving quality of life for the morbidly obese and lowering long-term health care costs by reducing the incidence of the comorbidities.

Activity Goal

Explore leading-edge clinical and technical innovations related to the advanced management and treatment of severe obesity.

This activity is designed to address the following ABMS/IOM competencies: Patient Care and Medical Knowledge

Target Audience

General Surgeons, Bariatric Surgeons, Bariatric Physicians, Primary Care Physicians, Pediatricians, Plastic Surgeons, Legal Professionals, Nurses, Hospital Administrators, Nutritionists, Dieticians, and other Allied Health Professionals interested in the medical and surgical advancements and management of clinically severe obesity.

Physician Learning Objectives

After attending this activity, physicians should be able to:

- Describe criteria for identification of appropriate surgical candidates
- Describe the principles underlying a multidisciplinary approach to bariatric surgery
- Discuss perioperative and postoperative care of obese patients
- Explain diet and lifestyle changes after bariatric surgery
- Describe the essentials of a successful bariatric program
- Identify key risk management strategies
- Discuss advanced issues in the surgical treatment of clinically severe obesity
- Identify the components of metabolic syndrome and its relation to obesity
- Discuss treatment path for severe type II diabetes and the impact of surgical intervention

Nursing Learning Objectives

After attending this activity, nurses should be able to:

- Identify the various nursing roles in a bariatric program.
- Identify key equipment and environmental needs of a bariatric program.
- Identify the challenges of the physical assessment with regard to the bariatric patient.
- Identify the nursing role as it relates to the multidisciplinary team.
- Identify the key components of bariatric documentation.

2012 Course Agenda (Preliminary)

Saturday, September 22nd

2:30-3:00pm Registration

Session 1 – Integrated Health-Disciplines Discuss the “Best” Operation for Complex Patients? (Panel: Shah, Kim, Lautz, Blackstone, Price, Greenberg, Sarwer, Ariagno)

- 3:00-3:20pm: Scenario 1 – 78 y.o. male with BMI = 38, PMH = T2DM on insulin, HTN on 2 meds, h/o CABG, lives alone, uses a cane-wants to get off insulin
- 3:20-3:40pm: Scenario 2 – 47 y.o. male, PMH = IVDA, hep C with cirrhosis s/p interferon tx, no history of GIB, EGD 2010 – no varices. BMI = 50, has a large hiatal hernia
- 3:40-4:00pm: Scenario 3 – 37 y.o. female, BMI = 48, s/p left colectomy for diverticulitis, Jehovah’s Witness, has no immediate family
- 4:00-4:20pm: Scenario 4 – 16 year old female, BMI= 45, T2DM on insulin, insurance won’t cover because of her age but parents can afford to pay. Her parents are divorced and she lives with the mom. Her Mom is very supportive of her having surgery but dad is against it.
- 4:20-4:40pm: Scenario 5 – 59 y.o. female of limited intelligence but very compliant, has a case worker, BMI = 58, PMH = T2DM on 2 orals, HTN on 2 meds, OSA, asthma on steroids, s/p pulmonary embolus on Coumadin, s/p transphenoidal excision of a pituitary adenoma, will require XRT but only after weight loss, PSH = c-s x2, open chole, has Medicaid/Medicare
- 4:40-5:00pm: Scenario 6 – 50 y.o. female, BMI = 43. PMH = HTN on 2 meds, DOE, hyperlipidemia. S/p LAGB poor results, S/p Lap RYGBP limb = 100cm, lost only 35 lbs. Lovely lady, well-liked in the program but admits to poor dietary compliance

Evening Session – Keynote Address

5:30-6:30pm: Bariatric Surgery: Where Has it Come and Where is it Going? - *Robin Blackstone, MD*

Sunday, September 23rd

7:30-8:00am: Continental breakfast

Session 2 – Please Help Us! Audience to Bring Cases to the “Experts” (Panel: MacDonald, Baker, Rosenthal, Hawkins, Power, Luz, Isom)

- 8:00-8:15am: Case 1
- 8:15-8:30am: Case 2
- 8:30-8:45am: Case 3
- 8:45-9:00am: Case 4
- 9:00-9:15am: Case 5
- 9:15-10:00am: Panel Q&A
- 10:00-10:30am: Break

Session 3 – How Do Things Work?

- 10:30-10:50am: Surgical Stapling Devices - *Randal Baker, MD*
- 10:50-11:10am: The Role of Gut Hormones in Body Weight and Pancreatic Function –*David Lautz, MD*
- 11:10-11:30am: The Vagus Nerve in Weight Regulation – *Scott Shikora, MD*
- 11:30-11:50am: Neuroglycopenia After Gastric Bypass – *Kenneth MacDonald, MD*
- 11:50-12noon: Panel Discussion

Breakout Session 4 – Bariatric Nursing

- 10:30-10:45am: Ethics in Bariatric Surgery – *Kenneth MacDonald, MD*
- 10:45-11:00am: Do Nurses Need to be Concerned about Malpractice Lawsuits? – *Kathleen McCauley, Esq.*
- 11:00-11:15am: Evidenced Based Nursing Care in Bariatric Surgery – *Bobbie Lou Price, RN, BSN, CBN*
- 11:15-11:30am: Sensitivity Training – *Stephanie Power, PhD*
- 11:30-11:45am: Special Needs in Bariatric Nursing – *Bobbie Lou Price, RN, BSN, CBN*
- 11:45-12:00noon: Panel Discussion
- 12:00-1:30pm: Lunch

Session 5 – Controversies in Bariatric Surgery: Yes, No, Maybe?

- 1:30-1:50pm: Revisional Surgery for Weight Regain - *David Lautz, MD*
- 1:50-2:10pm: Bariatric Surgery for Patients With HIV, Cancer, COPD, Cirrhosis – *Raul Rosenthal, MD*

Accreditation

Tufts University School of Medicine and Ciné-Med are co-providers and co-sponsors of this activity.

Physicians

Tufts University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Tufts University School of Medicine designates this live activity for a maximum of 12 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

Tufts University School of Medicine, Office of Continuing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s COA. This activity provides 12 contact hours for nurses.

- 2:10-2:30pm: Bariatric Surgery Malpractice Lawsuits. Are we Winning or Losing? - *Kathleen McCauley, Esq.*
- 2:30-2:50pm: Behavioral Issues; Questionable Compliance, Anger, Non-supportive Family, Depression – *Isaac Greenberg, PhD*
- 2:50-3:10pm: Is Gastric Plication Just a Safer Sleeve? - *Raul Rosenthal, MD*
- 3:10-3:30pm: Panel Q&A, Adjourn

Breakout Session 6 – Nutritional Management in Bariatric Surgery

- 1:30-1:50pm: 2012 Vitamin Update - *Meghan Ariagno, RD*
- 1:50-2:10pm: How to Get the Patient Back? Fearful of Eating /Setback/Stricture – *Kerri Hawkins, MS, RD, LDN*
- 2:10-2:30pm: Preventing Wernicki's and Other Rare Disorders, the Dietitian's Role - *Meghan Ariagno, RD*
- 2:30-3:00pm: Pre-op Weight Loss, Best Practice. Review of Different Liquid Diets/Protein Supplements - *Kerri Hawkins, MS, RD, LDN*
- 3:00-3:30pm: Panel Q&A, Adjourn

Monday, September 24th

7:30-8:00am: Continental breakfast

Session 7 – That's Debatable

- 8:00-8:20am: Should We do Bariatric Surgery on Adolescents?
Pro – David Lautz, MD;
Con – Isaac Greenberg, PhD
- 8:20-8:40am: Is the Band Still a Good Operation?
Pro – Robin Blackstone, MD;
Con – Randal Baker, MD
- 8:40-9:00am: Endoscopic Pouch/Outlet Reduction is an Acceptable Option for Weight Regain
Pro – Scott Shikora, MD;
Con – Kenneth MacDonald, MD
- 9:00-9:20am: Preoperative Behavioral Therapy is Beneficial to Long Term Success
Pro – Stephanie Power, PhD;
Con – David Sarwer, PhD
- 9:20-9:40am: The Pros and Cons of Medical Tourism – *Julie Kim, MD*
- 9:40-10:00am: Discussion
- 10:00-10:30am: Break

Breakout Session 8 – How to Keep a Bariatric Program Current

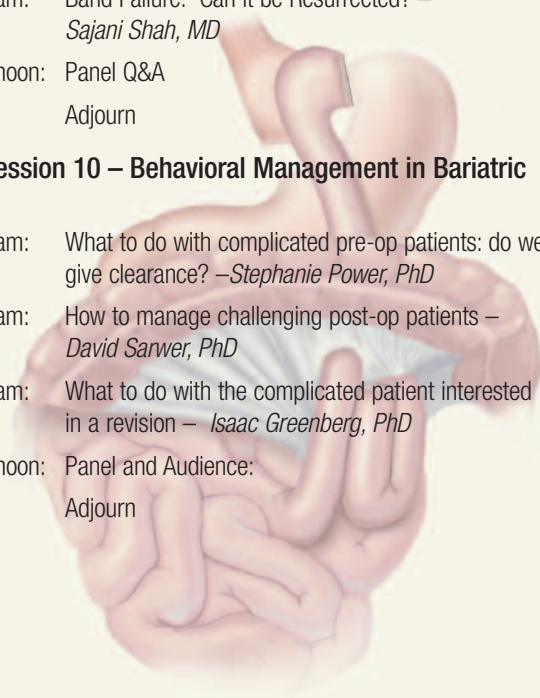
- 8:00-8:20am: What Every Bariatric Coordinator Needs to Know – *Kellene Isom, RD, LD*
- 8:20-8:40am: Anything New with the Centers Of Excellence Programs? – *Robin Blackstone, MD*
- 8:40-9:00am: How to Maintain a Strong Referral Base – *Lisa Luz, RN, MSN, FNP-BC*
- 9:00-9:20am: The Keys to Running Successful Support Groups – *Kellene Isom, RD, LD*
- 9:20-9:40am: Insurance Access: Strategies to Stay on Top of Denials/Appeals – *Kellene Isom, RD, LD*
- 9:40-10am: Panel Q&A
- 10:00-10:30am: Break

Session 9 – How I manage.....

- 10:30-10:45am: Excessive Weight Loss, Postoperative Malnutrition – *Kerri Hawkins, MS, RD, LDN or Meghan Ariagno, RD*
- 10:45-11:00am: Chronic Abdominal Pain – *Kenneth MacDonald, MD*
- 11:00-11:15am: Pregnancy After Surgery – *Julie Kim, MD*
- 11:15-11:30am: Significant Preoperative Comorbid Conditions; Sleep Apnea, Heart Disease, etc. – *Randal Baker, MD*
- 11:30-11:45am: Band Failure. Can it be Resurrected? – *Sajani Shah, MD*
- 11:45-12:00noon: Panel Q&A
- 12:00noon: Adjourn

Breakout Session 10 – Behavioral Management in Bariatric Surgery

- 10:30-10:50am: What to do with complicated pre-op patients: do we give clearance? –*Stephanie Power, PhD*
- 10:50-11:10am: How to manage challenging post-op patients – *David Sarwer, PhD*
- 11:10-11:30am: What to do with the complicated patient interested in a revision – *Isaac Greenberg, PhD*
- 11:30-12:00noon: Panel and Audience:
- 12:00noon: Adjourn



Dietitians

Ciné-Med is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 12 continuing professional education units (CPEUs) for completion of this program/material.

Requirements for successful completion

To receive CE credit, participants must sign-in, attend all or a portion of the activity (at least 80%), and complete and submit the activity evaluation provided

in the syllabus materials. Partial credit may be awarded for the portion of the activity attended. Certificates/statements of credit will be mailed within 4-6 weeks after the activity. Other healthcare professionals participating in this activity will receive completion certificates verifying that the activity was designated for *AMA PRA Category 1 Credits™*.

For more information regarding accreditation please visit www.bariatricsummit.com/accreditation.htm

Experience Charleston, SC



Rated one of the top 10 destinations in America, Charleston offers an amazing history, fine dining and shopping are quite literally at our doorstep, while some of the finest golf and beaches in the country are as little as 15 minutes away. While in Charleston take advantage of horse-drawn carriage rides, mansions and museums, and nearby, historic monuments such as Fort Sumter, where the first shots of the Civil War were fired.

Here are just a few highlights of Charleston's attractions:

Take a horse drawn carriage for a tour of Charleston's narrow streets lined with beautifully preserved buildings from the colonial and antebellum periods.

Visit the area's lush sea islands of Kiawah, Seabrook and the Isle of Palms. With endless **sun drenched beaches** washed by the warm surf of the tropical gulf stream currents, the islands offer water sports of every kind including sailing and deep sea fishing.

Tour historic sights such as Fort Moultrie, the scene of the first decisive American victory of the Revolution, and Fort Sumter, the man-made island fortress where the Civil War began.

Golf - With world-class courses, designed by renowned architects such as Jack Nicklaus and Tom Fazio, a game of golf is not to be missed.

Browse through the historic market on **Market Street**, Charleston's many boutiques, art galleries and the King Street antique shops.

Hotel Lodging

At the heart of sophisticated and historic downtown Charleston is **Charleston Place**, an extraordinary hotel that blends history and luxury with remarkable conference space, exquisite accommodations and world-class cuisine. Named one of the

top 20 hotels in all of North America by readers of Condé Nast Traveler, Charleston Place offers a perfect blend of 18th century style and 21st century comfort and is situated in the heart of Charleston, one of America's oldest cities.

Cine-Med has reserved a limited block of rooms at Charleston Place at \$265

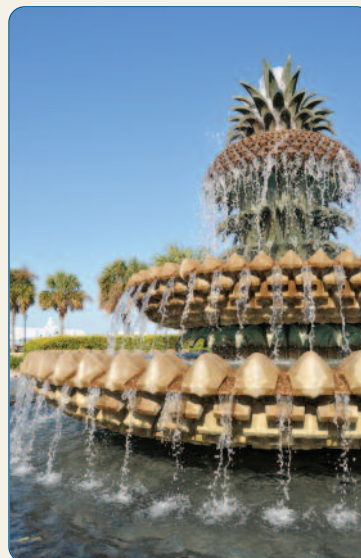
per night plus applicable taxes at the time of the event. The conference rate is offered between between September 19th and 27th, subject to availability of rooms at the time of reservation. To make a reservation, please call the hotel's direct toll free number 800- 831-3490 and reference Cine-Med Meeting to take advantage of the group rate.

Please Note: The cut-off date for accepting reservations into this room block is August 22, 2012. Reservations requests received after this date will be accepted on a space available basis.

To view more of Charleston Place amenities, please visit www.charlestonplace.com



Transportation



Charleston Place is just a short 12 mile / 15 minute drive from the Charleston International Airport (CHS). Charleston Place does not have a shuttle but they can arrange for transfers to and from the airport via a black cab, which is \$30.00pp one way.

2012 Bariatric Summit Registration – September 22-24, 2012

To register, fax your completed registration form along with payment to 203-263-4839 or go online at www.bariatricsummit.com and submit a completed registration form.
Please print your name as you would like it to appear on your name badge.

Name: _____

Street Address: _____

City: _____

State / Zip: _____

Phone: _____

Email: _____

Degree/Specialty: _____

Hospital Affiliation: _____

How did you hear about this activity?

ASMBS Mailing SAGES Mailing Email Internet Other _____

Registration Fees (circle option below)

	Until August 1, 2012	After August 1, 2012
Physician / Other	\$450	\$525
Nurse / Dietitian / Allied Health	\$250	\$325
Resident / Fellow	\$250	\$325

Method of Payment

Check (made payable to Cine-Med) Mastercard Visa American Express

Name on Credit Card: _____

Credit Card Number: _____ CVW2 Code: _____

Signature: _____ Expiration Date: _____

Cancellations

Refunds of course registration fees paid, less a \$75.00 administration fee, will be granted until September 1, 2012.
Cancellations must be received IN WRITING before this date.
NO REFUNDS WILL BE ISSUED AFTER THIS DATE.

Ciné-Med®

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9th Annual Bariatric Summit 2012

FOR THE COMPREHENSIVE MANAGEMENT OF SEVERE OBESITY

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Tufts | School of
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